

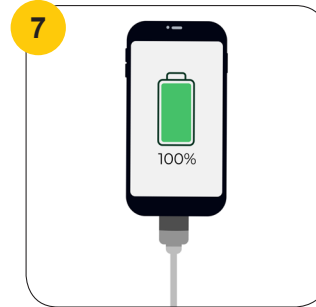
**1** Write the words/phrases under the correct pictures.

- wake up
- charge (my) phone
- leave home
- get dressed

- relax
- do household chores
- take the bus

- clean (my) face
- take a shower
- comb (my) hair
- walk to school

- attend classes
- arrive home
- make (my) bed
- watch series





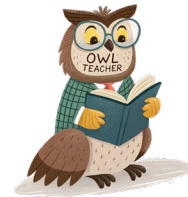
## Grammar Focus

### + Simple Present Tense (Positive Form)

We use it for routines, timetables, study habits, and daily life.

**We / You / They + verb** → We take the bus to school.

**He / She / It + verb + -s / -es** → She makes her bed every morning.



### — Simple Present Tense (Negative Form)

**We / You / They + don't + verb** → We don't watch films on weekdays.

**He / She / It + doesn't + verb** → He doesn't get out of bed early.

**Examples:**

- I wake up at seven o'clock and get dressed quickly.
- She leaves home at eight and takes the school bus.
- We don't go shopping on Mondays.
- He doesn't take notes carefully in class.
- They return home and relax after school.

### ? Wh-Questions with "What / When / Where / How often...?"

What / When / Where / How often + do + I / you / we / they + verb ...?

What / When / Where / How often + does + he / she / it + verb ...?

**Examples:**

- What time do you wake up every day?
- When do you attend your first class?
- What does she do after she returns home?
- How does he take notes?

2

Look at the table, read the sentences and mark them as T (True) or F (False).

Lily's Weekly Activities				
	get up early	have breakfast	listen to music	go swimming
Monday	✓		✓	
Tuesday	✓		✓	
Wednesday	✓		✓	
Thursday	✓		✓	
Friday	✓		✓	
Saturday		✓	✓	✓
Sunday		✓	✓	✓

- ☐ Lily doesn't do sports at weekends.
- ☐ Lily listens to music every day.
- ☐ Lily does an individual sport on Saturdays and Sundays.
- ☐ Lily never gets up early.
- ☐ Lily has breakfast twice a week.

**3** Complete the sentences, using the correct form of The Simple Present Tense and the words in parentheses.

1. Sarah usually ..... (wake up) early and ..... (get dressed) quickly to catch the bus.
2. Jack ..... (not make) his bed in the morning; he ..... (leave) home in a hurry.
3. We ..... (walk) to school together. We ..... (not take) the bus because our house is nearby.
4. My friends ..... (attend) classes carefully and always ..... (take notes) during lessons.
5. I ..... (have) a short break after lunch, but I ..... (not go) shopping.
6. Tom ..... (watch) documentaries in the evenings, but he ..... (not watch) films.
7. What time ..... your classes ..... (start) on Mondays?
8. They ..... (not want) to be late, so they always ..... (arrive) at school early.

**4** Answer the questions using the words in brackets.

- |  |  |
|--|--|
| 1. What time do you wake up? (7 a.m.)<br>.....               | 5. What time does your first class start? (9 o'clock)<br>.....             |
| 2. How often does Lisa make her bed? (always)<br>.....       | 6. How long do your classes last? (forty minutes)<br>.....                 |
| 3. What does Tom do after he returns home? (relax)<br>.....  | 7. What does your father do in the evening? (watch documentaries)<br>..... |
| 4. When do they do household chores? (on Saturdays)<br>..... | 8. How does Emma take notes in class? (carefully)<br>.....                 |

**5** Look at the pictures and write sentences using the Present Simple Tense and the phrases given.

on Mondays



John

once a week



Julie and Mary

every day



Linda

twice a month



James

every morning



Susan

at weekends



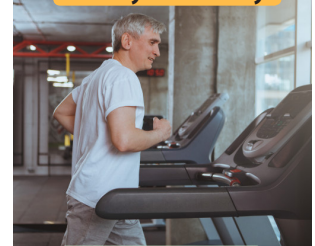
Martin

on Sundays



Kate and father

Friday-Saturday



Joe

1. go to the gym

Joe goes to the gym on Friday and Saturday.

2. have a match

3. go trekking

4. meet their friends

5. have breakfast

6. go to the library

7. cook

8. take the dog for a walk

**6** Answer the questions about yourself.

1. What time do you get up on weekdays?

.....

2. Do you have breakfast in the morning?

.....

3. What do you do first when you wake up?

.....

4. How do you go to school?

.....

5. How many classes do you have a day?

.....

6. What time does your first class start?

.....

7. What do you do after school?

.....

8. What do you do at weekends?

.....